

WALK TITLE: Rosehearty to Aberdour Bay

DISTANCE: 8 miles

OS GRID REFERENCE: 927677

LANDRANGER /EXPLORER SHEET: 30/427

Public transport Parking Available. Route partly waymarked Toilet in Rosehearty. Picnic Areas. Strenuous walk

BRIEF DESCRIPTION: This is a clifftop walk with some difficult areas which would only be suitable for confident walkers who are not afraid of heights.

GETTING THERE: There is a bus service to Rosehearty from Frasersburgh but it is a local service. You will first need to get to Frasersburgh bus station to meet the bus.

Rosehearty to Aberdour bay

The walk starts at the car park in front of the former RAF watch tower at Rosehearty. From here you take the road on the right towards a set of farm buildings and just before you reach them take the track on the right along the shore. The path gets faint in some areas as you cross a large area of peat bog but keep heading for the corner of a drystone dyke in the distance. The path follows the line of the wall along the cliff, through a couple of gates and styles till you reach a shallow valley with the ruins of an old farmhouse.

Caution is needed on the cliff path which can be slippery in wet weather. Drop down into the valley past the partially buried ruins of outbuildings, climb the hill to the right of the ruined farmhouse and take the track up to a farm road. Turn right at the farm road and follow it down to the old RAF watch hut and helicopter pad.

From here the path continues on the left along the cliff, again following the line of the field boundary. Again you cross over a rough patch of open ground where the path is faint but continue till you reach Dundarg castle. The path goes on past the castle and drops down a little following the line of a fence till it reaches the first of the small bays at Aberdour. It climbs up through a gap in the cliff to descend into Aberdour Bay. There are toilets at the picnic area but they are not always open.

You can stop end your walk here (4 miles) or retrace your steps back to Rosehearty.