

A G E n d a

Grampian 50+ Network News for

Aberdeen City, Aberdeenshire & Moray



Issue 85
Autumn 2021



Couldn't be more different from the last front cover!

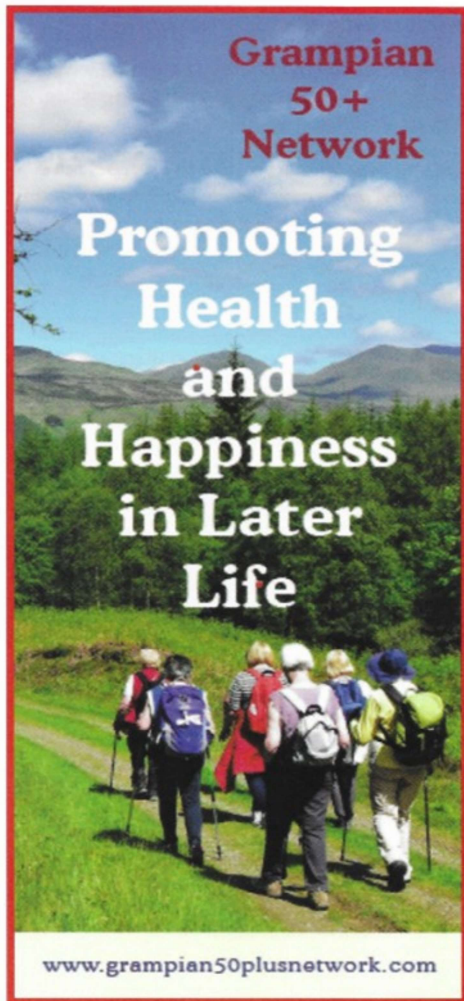
Picture of the view over Cullen from Fraserburgh 50+ Group

With groups restarting after such a long break, it may be that some of your members will not be continuing with the walking group for a variety of reasons. If you have vacancies, you may like to publicise your group.

A copy of the poster and leaflet were sent to the group contacts a few months ago but any group wishing more copies should contact Sue, our Secretary. It is helpful if you can laminate the poster once you have put contact details on so that it can be wiped clean

Not much in the way of Network News this time. We know groups are beginning to walk again and still some members a bit wary of joining groups. However, the Network Committee has been busy planning the Autumn Walks (see photos and reports in this edition) and the Afternoon Teas planned for November as a way of getting members together to share and chat to get back into the swing of things.

We hope 2022 will be full of events and trainings and enjoyment of the outdoors. Anyone with any suggestions for the Network programme, please pass on to the Committee.



From the Editors

This Agenda comes out at a time when things are getting back to a more normal footing although we still have to take care. Many groups are walking again and are now able to use buses to transport them to locations further from home. It's wonderful to see everyone again, to catch up on news and to welcome new members. Sadly, in some cases we have also had to say goodbye to former members.

By the time you read this, you will also have met up with friends from other groups on the Autumn Walks and the Afternoon Teas and, no doubt, compared notes. Therefore, this seems an appropriate time for us, as editors of the AGenda, to thank you all for the articles and photos you have sent to us over the past year and a half, showing clearly your inventiveness, creativity and positive outlook throughout what has been a difficult time.

As well as your walk reports, which are always interesting, we hope that you will continue to send us your poems, stories associated with places of interest you have visited, wildlife you have seen, etc. In the meantime, our best wishes to all groups as you return to walking together in our beautiful countryside.

Chris & Joan



Craigdon Discount for Members

We are very grateful to Craigdon Sports, who are offering a 15% discount to Network members in both the Aberdeen and Inverurie stores. This will not include maps, books or food.

When buying goods, just say that you are a member of Grampian 50+ Network in order to get your discount. To get the discount if ordering online, members would have to contact Craigdon on:

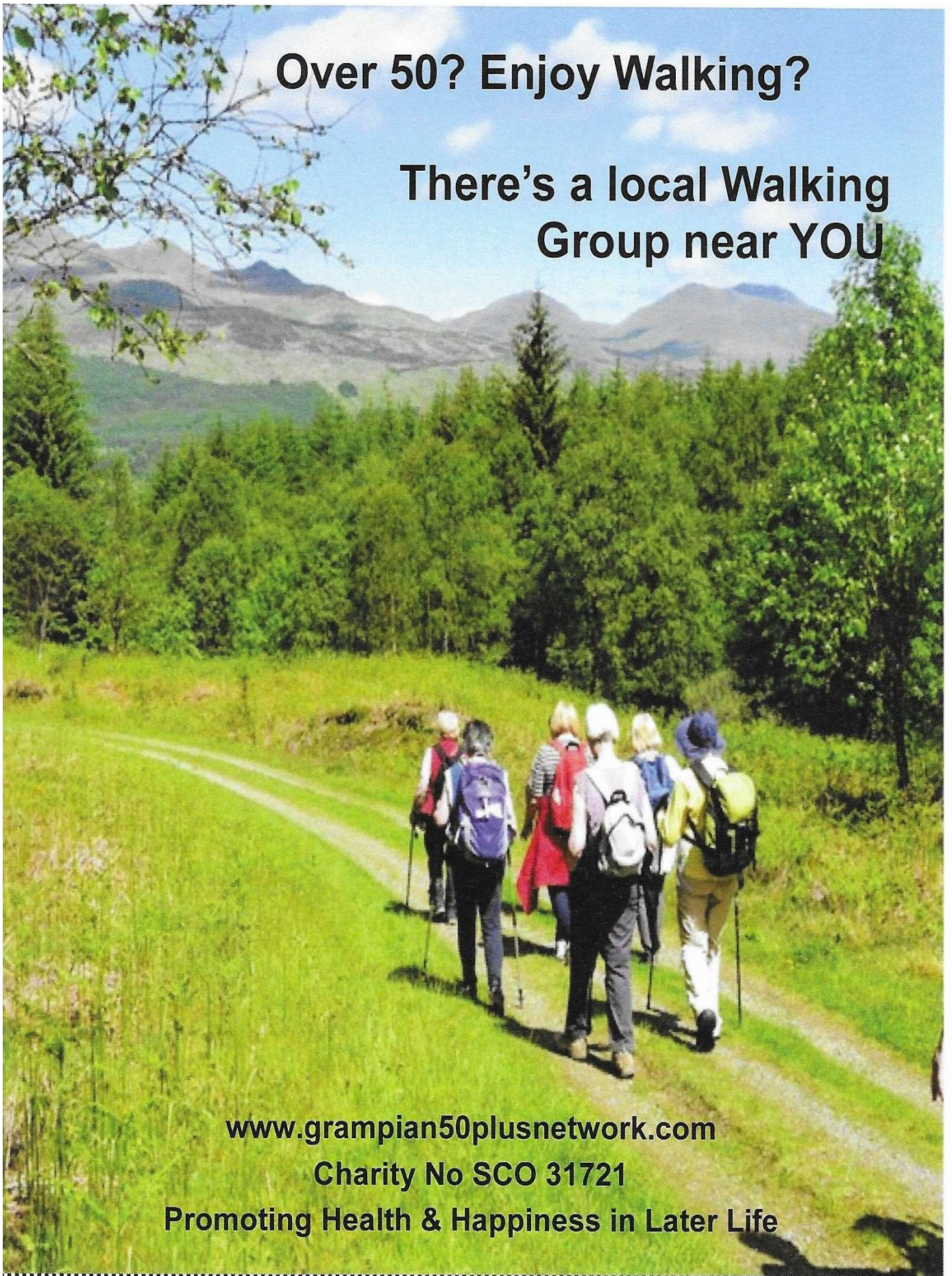
craigdon@themountainedge.com

before placing their order.



Over 50? Enjoy Walking?

**There's a local Walking
Group near YOU**



www.grampian50plusnetwork.com

Charity No SCO 31721

Promoting Health & Happiness in Later Life

For more information please contact:



AUTUMN walks

INVERURIE HARD WALK - 13km Back o' Bennachie

Some photos from the recent back o'Bennachie to Oxen Craig walk from *Paul Stenton, Mearns 50+*.

The best laid plans - unfortunately the weather had other ideas. There was a low cloud base as we set off, but we hoped it would clear by the time we approached the top of Oxen Craig..... it got worse, so we turned back in the pouring rain after the first 6.5km for the shelter of the woods. Better pictures, perhaps, next time.

It was nice to meet people from other groups and chat along the way."



Picture from
**FORRES
CIRCULAR
WALK**



CHAPLETON WALK

The group of happy walkers, the first one at the start and the other (below) at the beech hedge to Elswick House.

Beech Hedge



LOWER SLOPES OF BENNACHIE WALK (left and below)

Walk went well and rain stayed off until last half hour. I think everyone enjoyed themselves and managed to see the waterfall in rushing mode.

Some cancellations and some extras but it worked out



EDZELL MEDIUM WALK - The Edzell to Rocks of Solitude walks were led by Christian Milne and Helen Ritchie. There were 10 on Tuesday's walk and only 2 (as we knew) on Thursday. This was the first time Christian and I had led a walk for the week of walks and we were very taken with how friendly and nice everyone was. On the Tuesday, just as we reached the furthest point on the walk, the heavens opened and we were all completely soaked by the time we got back, but everyone was smiling.



Helen Ritchie



Tuesday walkers at the salmon loup



North Esk at Gannochy Bridge



Thursday walkers at the famous blue door

STONEHAVEN HARD WALK - Hill of Hobseat & Hill of Three Stones

Just thought I'd let you know that the Hard Walk group were real stars! The back marker woke feeling unwell, alerted Robbie who called Lynn. She contacted another member, Rhoda, who was due to back mark the next day, who leapt into action – up, ready and off at 9.30 to meet up with the group.



They had an enjoyable, if very wet, walk and I think they all deserve a big thank you for just getting it sorted.



Betty Luurtsema

Stonehaven group



A big 'Thank You' to members of the Mearns, Stonehaven, Garioch and Moray groups, and members of the Network Committee who organised the Autumn Walks and led and back marked them on the two days.

Your hard work and dedication are very much appreciated.

Some photos from Inverurie's riverside walk.



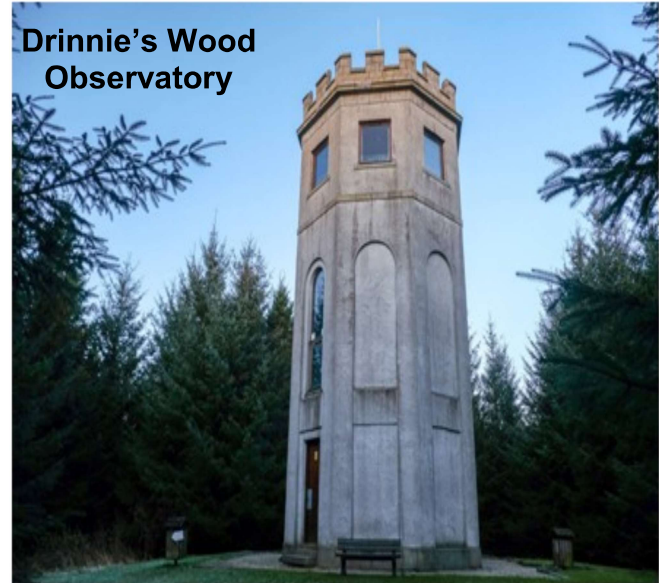
Ramblers' ramblings

I am delighted to report that our group is now walking regularly. A definite progression has been evident, as we started very cautiously with a local walk along the old railway line and back through Philorth estate, setting off in groups of ten and distancing. People were so glad to meet up again and catch up, and to continue walking together.

**Fraserburgh
50+**

We moved on to hiring a bus and going a little further afield to Drinnie's wood near Strichen. Since we had to distance in the bus and numbers were limited, some people took their cars. Later, with a relaxation of restrictions, the bus was able to accommodate more people, wearing masks, and we were able to have a lovely walk in the Whitehills area, which we had never done before and which took us along the coast and inland.

On the next walk there was further progress as, for the first time, we stopped for delicious scones and coffee at the Mustard Seed in New Deer, where we had a room to ourselves and everything was set out ready for us. Then, on to Den Woods near Oldmeldrum for a woodland walk which was, paradoxically, both calming and invigorating! The segments of the caterpillar for children to play on doubled up as seats for lunch as we enjoyed the view, looking out from the woods towards Bennachie. Many thanks to the farmer who gave us permission to park the bus on his land. Meanwhile the short walkers had a lovely walk in Methlick, after which they enjoyed sitting in the sunshine in the park to await the return of the bus.



For our Cullen walk we had a beautiful day. In the midst of rainy ones, as so often happens. We walked through the estate, past Cullen house, on lovely woodland paths. It is worth noting that two separate estates are involved in this walk and people are allowed to walk there on certain days only. We proceeded to the hill with the monument behind Cullen, from which we had amazing views over Cullen, the Three Kings rocks and a good deal of the coastline and the Moray Firth. The day was sufficiently clear so that the Caithness hills were just visible. Packed lunches were enjoyed in the sunshine, overlooking the bay just east of Cullen. Descending to the shore, we walked back to rejoin the bus, passing the pet cemetery on the way. It was a lovely walk and we look forward to the next one, nearer home in the New Pitsligo area.

**Chris Ritchie
Fraserburgh 50+**



Thoughts on Joining the Walking Club

Fraserburgh
50+

As we have recently entered retirement, it seemed an appropriate time for us to join our local walking group. The Fraserburgh group is a very friendly, welcoming bunch and it feels good to reconnect with some old faces and also to meet some new folk.

The group is very well run and the programme of walks takes us to a variety of interesting locations around the North East. We especially enjoy travelling by bus for a change, as it allows time to chat and enjoy the passing scenery whilst our driver deals admirably with navigation and parking.

The group is very inclusive and caters for a range of walking abilities, offering two grades of difficulty on each walk, ensuring that everyone in the group can enjoy the outdoors, at their own pace.

In the short time since we joined the group, we have visited new places in our area. We live on the coast so are very familiar with our local beach walks, hence the contrasts offered by river walks at Ellon, rural woodland walks through Den Woods, Oldmeldrum and the sunlit harvest scenes we drank in as we walked the Whitehills circuit were all so refreshing.

Covid has changed life in many ways but it is good to take time to explore our local area and gain a deeper appreciation of the hidden gems on our doorstep, in the camaraderie of our walking group.

Two Happy Wanderers!



QUIZ ANSWERS - see page 23

1.	Stonehaven
2.	Newburgh
3.	Elgin
4.	Braemar
5.	Banff
6.	Maud
7.	Cults
8.	Culter
9.	Buckie
10.	Portsoy
11.	Huntly
12.	Oldmeldrum
13.	Mearns
14.	Strichen
15.	Aboyne
16.	Colliston
17.	Old Deer
18.	Westhill
19.	Macduff
20.	Dufftown

A Canadian park ranger is giving some rambblers a warning about bears:

'Brown bears are usually harmless. They avoid contact with humans so we suggest you attach small bells to your rucksacks and give the bears time to get out of your way. However, grizzly bears are extremely dangerous.; if you see any grizzly-bear droppings, leave the area immediately.'

'So how do we know if they're grizzly bear droppings?' asks one of the rambblers.

'It's easy, replies the ranger. 'They're full of small bells'



9th June 2021 - Well folks, delighted to report that Mintlaw Ramblers took their first steps back to some sort of normality after the 15 month covid lockdown. All covid rules and recommendations were adhered to, social, masks, hand sanitizers as required. We agreed on a strictly local policy (ie, no bus) and our first walk took us through Aden Country Park, along the recently re-opened lade path to Milladen and back to Mintlaw via Milladen House, the allotments and Pitfour School.

23rd June – Pitfour Lake – We set off from Mintlaw Academy and took the path through Aden Woods, past Cartlehaugh (The Damdrod Inn) and along to Pitfour South Lodge. We followed the road up to the lake where we heard a bit of history on the Curling Bonspiels that once took place on Pitfour Lake. Our return to Mintlaw was via the old railway line past Mintlaw Station.



7th July – Again today we took the path through Aden Woods and joined the old railway line near Cartlehaugh, followed the line and crossed the A950 road at Saplinbrae Hotel. We passed through to low gardens of Pitfour, had our “fly-cup” at the Temple of Theseus and walked around the south side of the lake on our return journey back to Mintlaw.

21st July – Keplahill – A nice walk along the railway line to what was the Gatehouse on the road up to Keplahill, with a short detour to see the pheasants in their aviary at Mr Davidson’s farm and back to Mintlaw via the “aal road”



4th August – Nether Aden River Walk.

This was the first time we had done this recently completed walk funded by the European Union. It was a lovely sunny day and we had a very pleasant walk indeed.

Joining the footpath near Milladen, we walked along the banks of the River Ugie, returning to Mintlaw near Nether Aden. The walk was around 4 miles in length.

18th August – Fetterangus. We had a very enjoyable walk today, following the footpath from Mintlaw to ‘Fishie,’ and were delighted, and surprised, when a red squirrel appeared along the way! We took the road up through Toux Farm and arrived in Fetterangus via Duke Street (the Ducker).



Milladen - a woollen mill established 200 years ago, that houses a 20th century Bryce Power Capacitor

Doug Simpson

TFG

Group photo
taken at
Newtonhill.

Walk led by
Judy
Middleton.



The Pictish
Stone,
Muir of Dinnet

The Wayfarers are back using coaches again for our walks so are now able to go further afield. Local walks were a great way to keep up with the group but because of the lack of suitable transport and COVID rules, our numbers were down for walks. Now we are back to near our usual number of members walking. Between 35 and 40 have been on the coach, splitting into a short and long walks.,



Since August, we have had outings to Ellon, Fraserburgh and Whitehills where we walked along the coast to Banff and had a picnic lunch by the sea. Our most recent walk was to New Deer and the Culsh monument. There were 44 of us on the coach for a 3.5 mile walk and 21 did the extra 2 miles up the hill to the monument, which was well worth the effort for stunning views.

We now can look forward to being able to arrange all day outings and a group holiday next year.

Doug Driver - Peterhead Wayfarers Walking Group



Banff to Whitehills



Lunan Bay, south of Montrose, was the venue for our first walk in June. This lovely bay can be seen when travelling south by train; the two hamlets at the southernmost end look as if they are inaccessible by land. A fortnight later, we visited Brechin with its 800-year-old Cathedral which, sadly, is now closed to the public.

In July we headed for the coast again, this time to Arbroath where we walked from the harbour area to the picturesque village of St Vigeans with its church on a hill and quaint cottages round the bottom. Two weeks later we were inland at Drumtochty Forest near Auchenblae.

We managed three walks in August. First was a linear walk through Inglismaldie Woods near Luthermuir. Next was Glen Tanar where we did the Old Pines walk in an anti-clockwise direction. Third was to the Rocks of Solitude from Edzell. This is a beautiful walk alongside the River North Esk and is to be one of the walks during the Week of Walks.

In September, we crossed the Cairn for both walks. First to Crathes, where we walked extensively in the Castle grounds. Next time in Finzean, where we explored new paths and made it home before the rain started!



Photo by Allan Smith beside the famous Blue Door at Gannochy Bridge

Helen Ritchie

First of all, I'd like to say a big thank you to Doreen Fowler, who has written the Ellon Ramblers' report for the AGEnda for many years. Doreen is one of our founder members, and with her late husband, Charlie, enjoyed rambling but 'tempus fugi' overtakes us all. Corona virus was the last straw and, according to Doreen, "her pen his gaen dry", so I have taken up the reins to "keep the pottie bilin", but by gum she is a hard act to follow! Doreen is still "toddlin' on" with her many friends, and we hope she can do this for some time to come.

During lockdown our members have been walking in their own little bubbles, but now that things are opening up, we hope to resume our walks as a group – with care being taken to follow the rules of course. This has been a trying time for all of us, and we hope it will not be too long before things return to a kind of normal.

Frances S Jaffray
Ellon Ramblers

'Back with our Boots On'

Stonehaven
50+ Walking
Group



Stonehaven 50+ Walking Group took the plunge on 3rd May and returned to our walking group activities. Much planning, chatting and checking of covid restrictions preceded this important day. Unable to use our community mini bus, we based our initial walks locally. Also we decided, to accommodate the range of walking abilities we would do a walk every week instead of fortnightly.

The big day arrived - 15 months since our last group walk. The group split into two sets of seven, to accommodate covid restrictions. We set off in high spirits 15 minutes apart, following a local walk up to the golf course, coffee stop at the scenic St Mary's of the Storms before returning to the Community Centre. Everyone was delighted to be out together - members a bit self conscious to begin with and anxious to maintain distancing and abide by the rules, but soon relaxed and got into step. Although many had met other walkers 'oot and about,' it was really fine to enjoy the chat and laughter on a bonnie day!



The following week we had a single smaller group, and a more challenging walk. Using our own vehicles, we had to think about distance/parking and continued this easy/moderate walk pattern all summer. It has been a challenge to recruit leaders but we have some enthusiastic new members and willing experienced walkers, therefore walks have been varied and enjoyable. Sadly, there have been a few long term members who have chosen not to return and are greatly missed.

More recently, as permitted, we have gradually started car sharing which makes walking out of our local area more practical, so our boots have taken us to Newtonhill, Montrose, Bucksburn Valley, Tappie Tower Fettercairn's Fasque Estate and Edzell. We are so lucky in Grampian with such a variety of opportunities for fine walks. **Betty Luurtsema**



Despite restrictions we're getting out every Tuesday travelling independently, which we'll continue to do. We had our planning meeting outdoors in Davidson Park, Inverurie, which, despite a breeze, was successful and it was good for the gents to have a chat.

**Garioch 50+
Men's
Walking
Group**

In May we did a new walk – the Westhill Orbital Path, which one of our members has been involved with. This included fundraising, path clearing and signage, to name but a few of the tasks. It was a superb effort and commitment from all the volunteers involved.

Russ Jacobs



***The Farquahrson Monument
Monaltrie***



My Voyage of Discovery



The first I knew of the Discovery Award was when I saw a short piece, basically an advert, in an edition of the AGenda magazine. I investigated further and thought that this was something I could do as I was already participating in three of the four areas – a hobby, recreational pursuit and service in the community. So, why not use them as means to an end.?

The fourth area, '*Journey of Discovery*,' needed a bit more thought. so, in February 2020, I met up with the local group leader, Mary, and by March I was all set up and ready to go. I was excited and had bought a pretty folder and colourful paper to record my journey towards my Bronze Award. No sooner had it started than - **COVID HIT, AND LOCKDOWN!**

Fast forward 6 months

Another lockdown was on the cards and for various reasons, I decided to drive down to Norfolk and spend the winter with my daughter and son-in-law. As they were both working from home, I needed to find something to pass the days, and my thoughts turned at last to my *Journey of Discovery*. So, I thought, why not discover Norfolk! And that's what I did. What a journey it was! Each week I chose a different, nearby locality to visit. I should say that I could still go about and I followed Covid restrictions in place at the time.

I usually did some online research before I set off and then I wandered happily around, finding what I had read about and seeing for myself what this flat but interesting county had to offer. I then followed this up with more research and recording of my discoveries. I loved learning about the history and geography, the local people and industries, flora and fauna, the buildings and their architecture. I also came across interesting stories, with one being particularly fascinating.

Boudicca, Queen of the Iceni



Who knew, because I certainly didn't, that the Broads are man-made – areas of peat bog which had to be abandoned as they started to flood, a discovery made by Dr Joyce Lambert in the 1950s. A visit to Caister St. Edmund allowed me to walk in the path of Queen Boudicca and the Iceni. Using an app, I was able to visualise what the town of Ventalcenorum might have looked like. The quaint and tiny village of Worstead used to be a centre of weaving and cloth manufacture, although today its claim to fame could be said to be that the local hostelry, The White Lady Inn, won an episode of the TV show "Four in a Bed". Wymondham is home to many Tudor buildings and an Abbey, as well as the headquarters of Norfolk police.

One of the most amazing stories originated in the small village of Surlingham and tells of Susannah Holmes, a young petty criminal, who was sent to Australia on the first fleet of convict ships. Her fascinating story can be read in the history section of www.surlingham.org

This is just a snapshot, and I hope I have given you a taste of my 'journey.' I thoroughly enjoyed my jaunts and learned so much. My folder is full of photographs and details – a diary about my extended stay in Norfolk. As I write, my folder is with Mary being assessed and I have now started on my Silver Award - who knows what my next journey will bring!

Jane Campbell
Ellon Ramblers

POET'S corner

Kintore
Wanderers

Our Happy Gang of Wanderers

Our happy gang of wanderers
Have been the happy gang of ponderers.
As with one walk every week
More routes we've had to seek.

So the list has been quite long
As we sing our happy song (it rhymes!)
Wandering along the tracks
With our rucksacks on our backs.

We've walked from Port Elphinstone to Thainstone,
Millbank to Cluny too.
Oyne, Blairdaff and Monymusk,
Inverurie, Corehill are but a few.

Ballater, Gartly moor, Logie Coldstone and Back o'
Bennachie
Turf hill and Black hill and Forvie by the sea.
Rothienorman and Den wood, Glen Tanar and
Barmekin hill,
Hill of Christ's Kirk, Loch Davan and a circular around the
Mill. (stone)

Old Deer and Aikey Brae,
Glen Girnock and Keithhall around,
With mostly good weather on the day
All these walks we gladly pound.

We've seen woodcock, buzzard and osprey,
Song thrush, sandpiper and geese.
Curlew, lapwing and five trapped sheep that we released.
Lizards, deer, cuckoos and frogs,
Red kite, ducks and lots and lots of dogs!!

So lucky with the weather
And having all these walks at hand,
We're delighted to be back wandering
In our Kintore happy band.

St, Augustine had a saying
'Solvitur ambulando'.
Meaning 'It is solved by walking'
So get ready, get set and go!

Sheila Carter
Kintore Wanderers



Thank You

Our group and others are sure to agree
We've kept our groups going to some degree
The last two years have been challenging it must be said
But we're now moving forward with confidence instead.

Our thanks to the Network who so often advised
With helpful info when rules and restrictions were revised
Their ongoing work to arrange a coming event
The chance to meet again appreciated and heaven sent.

Although it appears the virus may be here to stay
We can now get together with joy any day
Of course we all found that walking is ok alone
But having company is great for a chat or a moan.

Thank you so much to each and everyone
Who support one another when all said and done

Sheila Jones Culter 50+ Walking Group

Our Favourite Things - an adaptation from the Julie Andrews song to suit our walking groups

Zimmers and hearing aids and remedial classes,
Polident and Fixodent and false teeth in glasses,
Constantly hoping the ticks will not cling
These are a few of our least favourite things
Tablets and medicines and corn pads for bunions
No spicy food or recipes with onions
Gaviscon and Settlers and all midgie stings
These are all more of our least favourite things

***When the pipes leak, when our bones creak,
when our knees go bad
We simply remember our favourite things
And then we don't feeeel...so...sad.***

Back pains, confused brains and no need for sin-
ning.
Thin bones and flatulence and hair that is thin-
ning,
Squelching through puddles in rain and strong
winds,
These are some more of our favourite things.
Pensions and bus passes are things that we've
earned,
Trekking moors and mountains, through forests
and burns.
No more imbibing and going on the binge
So we can remember our favourite things.

***With all jokes told, when it's not cold and the
view's not bad
We simply remember our favourite walks
And then we feeeel quite glad.***

Fly cups by the roadside or in woodland and
heather
Always enjoyed, despite the weather.
Never stop talking, though nobody sings
These are a few of our favourite things.
Looking at maps when we don't have our glasses
Careful on steep bits so we don't land on our
asses
Warm hats and gloves and fleeces that cling
These are a few of our favourite things

***When the joints ache, when the hips break,
when our eyes grow dim,
When we remember the great walks we've had
Then we don't feeeel..soooo... baaad.***

**Rex Giles
Elgin 50+**

PHOTO call



During our Monday walks we have seen and heard a wide variety of birds, ranging in size from wrens to Golden Eagles. Unfortunately I have not been able to get good quality photos of either of these.

The cygnets at Braeroddoch Loch were being closely supervised by their parents who let it be known when they thought we were too close!

The goslings were at Loch Kinord and the heron at a small fishing pond, locally known as Chapel Pond.

The Osprey, near Braemar, flew in just as we stopped for coffee.

**Susan Lawson
Ballater 50+**



A view from the Loch Leven area near Kinross.

Marjory D'Arcy

TFG Dyce



A classic example of how a few nasturtium seeds can fill up your garden!

Marjory D'Arcy
TFG Dyce

Fishermen's Mission Hats



Any knitters out there with a little time to spare?

The Fisherman's Mission is desperate for a supply of new hats. They are particularly popular with foreign sailors visiting our harbours. Hats can be sent or handed in to Fisherman's Missions, or if you don't knit consider gifting 100g of double Knitting wool to a knitter you know. You can always cheer the hats up with stripes - use up all those odd balls of wool!

Grampian Addresses

Far & Wide Charity Shop, Evan Street, Stonehaven

Fishermen's Missions

Aberdeen; 196 Market Street AB11 5PQ

Peterhead; 8 Union Street AB42 1JN

Fraserburgh; Heritage House Shore Street AB43 9B



INSTRUCTIONS

Materials: Size 8 (4mm) needles
Double Knitting wool (200 gms makes three hats)

Cast on 120 stitches

Work in K2 P2 rib for 11.5 inches (80 rows)

Shape crown:

- Row 1 K4 K2 tog - repeat to end of row
- Row 2 Purl
- Row 3 K3 K2 tog - repeat to end of row
- Row 4 Purl
- Row 5 K2 K2 tog - repeat to end of row
- Row 6 Purl
- Row 7 K1 K2 tog - repeat to end of row
- Row 8 Purl
- Row 9 K2 tog to end of row
- Row 10 Thread wool through remaining stitches and fasten off

Sew up seam



Betty Luurtsema
Stonehaven 50+ Walking Group

A BIT of fun!

QUIZ TIME!

Place names of NE Scotland

1. Rocky place of refuge.
2. A recent town.
3. The Spanish spirit.
4. A bank to spoil.
5. Forbid very loud sound.
6. Invite this girl into the garden.
7. Sects.
8. Sounds like an old plough.
9. Small shell.
10. Saucy seaside town where ships might dock.
11. Search for what sounds like the sheltered side.
12. Ancient confused tree in front of percussion instrument.
13. Bond's boss is paid for work done
14. Machine gun contains wealthy.
15. A male child, north-east.
16. Sheepdog's weight.
17. Ancient grazing animal.
18. Not an oriental mound.
19. "Lay on....." (Shakespeare's "Macbeth")
20. Useless burgh OR Steamed pudding town?



Enjoy!

Answers on Page 10 - no peeking now, and no prizes either I'm afraid!

Grampian 50+ Contact Details:

Email: grampian50plus@hotmail.com

Website: www.grampian50plusnetwork.com

Grampian50+ Committee 2019/2020



Chair

Marjory D'Arcy



**Secretary
Membership Secy
Sue Wright**



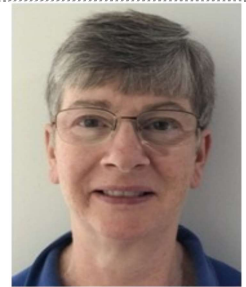
Minute Secretary

Catherine Mason



Treasurer

Graeme Rae



100 Club

Lorna Rae



**Sheila
Erridge**



**Jo
Jones**



**Judy
Middleton**



**Diana
Miller**



**Alan
Melrose
Age Scotland**



Why don't YOU join too?

Contact

treasurer@grampian50plusnetwork.com

OCCASIONAL SPECIAL DRAW 2021:

No 12	J Leys	£50
No 50	S Catto	£50

2021 WINNERS:

20

MAY

No 70	J Murray	£25
No 85	P Gray	£20
No 147	R Catto	£15

JUNE

No 89	C Tailford	£25
No 20	J Middleton	£20
No 123	A Simpson	£15

JULY

No 53	I Davidson	£25
No 4	M Forbes	£20
No 114	S Buchan	£15

AUGUST

No 29	C Fleming	£25
No 131	D Miller	£20
No 85	P Gray	£15