

GENERAL INFORMATION

**PLEASE READ CAREFULLY AS THERE
MAY BE CHANGES FROM PREVIOUS YEARS**

The aim of the week is for groups to learn/share new walks. It is not **"just another walk for your group"** .

THE RULES:

- Group entries only.
- It is extremely important that members/group contacts read the information carefully and request a suitable walk to match the ability of those walking.
- A maximum of 4 members per group may apply for each walk. This allows a good mix on each walk ensuring that more groups learn new walks.
- Each walk will be limited to 15 – 18 people, depending on the area.
- Members may only apply for one walk each day.

LEADERS: Walks will be led by Members of Alford & Millbank 50+ Walking Groups and Committee members.

REFRESHMENTS: Members will be required to provide all their own refreshments and food.

TOILETS: The location of toilets is indicated for each walk.

TRANSPORT: Members will be responsible for their own transport to assembly points.

WALK START TIME: See individual walks details for start times.

FEES: £2 per person per walk.

ORGANISERS: The Week has been organised by members of Grampian 50+ Network Committee.

BOOKINGS: Group Return Form & return address is included in this mailing. Confirmation of places will be sent to your group contact.

ENQUIRIES: Judy Middleton : middletonjdy@gmail.com or e.mail the secretary: grampian50plus@hotmail.com



SPRING
WALKS
2019

Alford, Monymusk Craigievar & Pitfichie

TUESDAY & WEDNESDAY 23 & 24 APRIL 2019



£2.00 per person, per walk.

Organised by the Network Committee
with help from Alford and Millbank Groups.

Alford Easy Walk

A flat walk of approx. 3.5 miles through Haughton Country Park and through woodlands into Murray Country Park with lovely views of the River Don.

Meet at the Transport Museum Car Park at 10.30 a.m. Toilets at the car park

Monymusk Easy Walk

A flat walk of approx. 3 miles on mainly good paths with a short uphill section.

Meet in the square at Monymusk at 10.30 a.m.

Toilets available in Monymusk, as well as Inverurie, Banchory, Aboyne, Torphins or Alford.

Craigievar Castle Medium Walk

A lovely walk of approx. 3 miles through open woodlands on the Craigievar Estate trails.

Hopefully the bluebells will be in flower. The paths are may be a bit rough in places and there is an ascent of 600 ft.

Meet in Craigievar Castle Car Park at 10.30 a.m.

The toilets will be open both days at 10.30 am but the castle will only be open on Tuesday.

Car Park charges are Free for members of NTS or £3

To visit the Castle is free to members but £10 concessions, £13 adults.

See www.nts.org.uk/craigievar for directions and information.

Pitfichie Forest Hard Walk

This walk gets off the beaten track and is on a rough path over White and Green Hill before reaching well made path over Cairn William. The ascent of Cairn William is straight forward before descending an easy zig zag track to the col to pick up the track back to the car park. The walk is approx. 9 miles (14.5 km) over some uneven ground and with an ascent of 1640 feet (590m). There are wonderful views of the surrounding countryside.

Meet at Pitfichie Cycle Trail Car Park for a 10 a.m. start.

The car park is signposted Whitehills stone Circle & Cycle Trails off the B933 from Inverurie to Alford near the junction of the Aberdeen to Alford Road A944 at Tillyfourie. Grid Ref NJ65133 just on OS Landranger 38 Aberdeen.

Toilets available in Monymusk, as well as Inverurie, Banchory, Aboyne, Torphins or Alford.

For more information contact Judy Middleton middletonjdy@gmail.com or 07740 643526